The Alien Hand Syndrome: Report of a Case and Review of the Literature

Weerasak Muangpaisan, MD*, Sithtipong Srisajjakul, MD**, Pipat Chiewvit, MD**

* Department of Preventive and Social Medicine, Faculty of Medicine, Siriraj Hospital, Mahidol University **Department of Radiology, Faculty of Medicine, Siriraj Hospital, Mahidol University

The term "alien hand syndrome (AHS)" comprises many clinical signs of which the common features are the involuntary motor movement of the affected limb and the denial of limb ownership. It can result from several diseases involving corpus callosum or medial frontal cortex. Two major types of AHS were previously classified, callosal and frontal types. Moreover, posterior subtype of which the lesions do not involve corpus callosum have been reported. In the present report, the authors describe a 57-year-old man with AHS, aggressive behavior and hemispatial neglect which are the rare manifestations of callosal damage. Neuroimaging demonstrated subacute infarction of entire corpus callosum from the rostrum to splenium. A review of the literature on these abnormalities is included in the present paper.

Keywords: Alien hand syndrome (AHS), Corpus callosum

J Med Assoc Thai 2005; 88 (10): 1447-52 Full text. e-Journal: http://www.medassocthai.org/journal

Alien hand syndrome (AHS) is a distinctive clinical feature which comprises a variety of clinical conditions. The term alien-hand (la main trang re) was first introduced by Brion and Jedynak in 1972 to describe patients with midline brain tumors who denied the ownership of one of their hands⁽¹⁾. Formerly, the phenomenon of this sign was described by Kurt Goldstein in 1908⁽²⁾, and years later (1945) it was described again by Akelaitis⁽³⁾. Akelaitis described a patient whose left hand involuntarily performed the opposite of what she wanted her right hand to do following the section of the corpus callosum and he named this feature as "diagnostic dyspraxia". Since then, there have been a number of reports of this syndrome. A lot of new signs have been reported making a variety of this syndrome. In Thailand, there have been only two reports of AHS⁽⁴⁻⁵⁾. This is another report of a patient presenting with AHS, aggression and hemispatial neglect from damage of the whole corpus callosum. These findings are substantially different from previously reported cases.

Reference A 57-year old, right handed man had a medi cal history of diabetes mellitus, hypertension, dyslipi demia, coronary artery disease and peripheral arterial

Case Report

Description of the patient

demia, coronary artery disease and peripheral arterial disease. He was admitted for femeropopliteal bypass graft. There were no intraoperative and immediate postoperative complications. One week postoperatively, the patient's caregiver and nurses observed that he was unmotivated as well as disinterested and spoke much less than he used to do. However, he could speak and comprehend correctly. His caregiver also complainted of the patient's verbal and physical aggressiveness. They thought that the patient might have depressed mood, hence they did not inform the attending physician promptly. After several days of observation, the patient rarely cooperated to ambulate, performed the basic activities of daily living independently. He had intermanual conflict which was observed by his caregivers occasionally. For instance, his left hand grabbed a television remote-control from his right hand and he complained that his left hand robbed it. He occasionally had visual hallucinations. No other medical conditions interfering with cognitive functions were revealed, then neurological consultation was performed.

Correspondence to : Muangpaisan W, Department of Preventive and Social Medicine, Faculty of Medicine, Siriraj Hospital, Mahidol University, Bangkok 10700, Thailand.

Neurologic examination revealed normal cranial nerve, motor, and sensory function. The myostatic reflexes were normal. No pathological reflexes could be elicited. The sensory system was normal. Verbal fluency was markedly reduced, however, he could follow and cooperate with commands well. There were some literal paraphasia. The patient had no alexia but he had agraphia of his left hand. His left hand always mimicked the movement of his right hand. When asking the patient to perform some actions with his left hand, he always used his right hand to do the tasks instead. Moreover, he had finger agnosia, graphesthesia and astereognosia on his left hand. He could not perform complex motor action on verbal command, pantomime and use real objects by his left hand. The clock drawing test is shown in Fig. 1. The tactile and visual double stimulation tests were positive on the left side.

Cranial magnetic resonance imaging (MRI) performed after two weeks of symptoms demonstrated mixed low and high signal intensity on T1W and high signal intensity on T2W at corpus callosum (rostrum, body and splenium) which was markedly enhanced after gadolinium injection suggestive of subacute infarction. Frontal lobes had mild cortical atrophy. Cranial MRA demonstrated mild irregularity of supraclinoid right ICA more than left ICA. The carotid duplex ultrasound and MRA of carotid arteries showed mild stenosis of both sides.

Discussion

The term "alien hand" is used to describe the distinctive clinical syndrome in which an upper limb performs autonomous complex movements against the patient's will. However, this term is usually confusing. There are 5 classifications of "alien hand syndrome (AHS)"⁽⁶⁾ as summarized in Table 1.

Specific alien-hand signs in most reports include⁽¹⁷⁾ 1) intermanual conflict⁽⁷⁾ 2) mirror movement, in which one hand automatically mimics the movement of the other hand 3) enabling synkinesis, in which one hand can perform the action only in unison with the other 4) grasp reflex 5) groping or magnetic apraxia⁽¹⁸⁾, in which the affected hand reaches toward and grasps objects as if drawn to them by a magnet and release of the objects is difficult (6) utilization behavior or compulsive manipulation of tools 7) negative feeling toward the affected limb in most cases.

The present patient had intermanual conflict and reduced verbal output. He also had an agonistic dyspraxia which was shown by the use of his right hand to perform commanded actions of his left hand.



Fig. 1 Clock Drawing Test (with frame) of the patient when he was told to draw 10 minutes past 11 o'clock



Fig. 2 Cranial MRI (T1W with gadolinium injection) shows mixed low and high signal intensity at corpus callosum which is markedly enhanced after gadolinium injection

J Med Assoc Thai Vol. 88 No.10 2005

Table 1. Demonstrates 5 major classifications of AHS	5
--	---

Classifications	Characteristics
Diagnostic dyspraxia and intermanual conflict	the left hand (in right-handed subjects) performs actions contrary or opposite to, or interfere with, the actions of the right hand $^{(3,7,8)}$.
Alien hand sign	usually affects the left hand; subjective feeling that the hand does not belong to the patients ⁽¹⁾ .
Anarchic hand or way-ward hand	no denial of limb ownership but the affected hand, being contralateral to the lesion, performs goal-directed movements that the patient does not perceive as initiated or controlled by his own will ⁽⁹⁻¹¹⁾ .
Supernumerary hands	the patient reports the feeling of having an extra extremity ⁽¹²⁻¹⁵⁾ .
Agonistic dyspraxia	the patient uses the hand on the opposite side of a motor command, while the "instructed" hand remains immobilized ⁽¹⁶⁾ .

There were ideomotor apraxia, agraphia, literal paraphasia, finger agnosia, astereognosia, graphesthesia and visuospatial neglect of the left side. The simultaneous bilateral stimulation in visual and tactile modalities demonstrated the impairment in detecting the stimuli applied to his left side. A lesion in many areas in the brain can cause contralesional hemispatial neglect such as the cingulate cortex, posterior parietal cortex, frontal eye fields, striatum and thalamus⁽¹⁹⁾. To our knowledge, this is the first report of hemispatial neglect in patients with only callosal involvement. Another rare manifestation of callosal damage in the present case is the development of aggression. The etiology of aggression is complex and it can be the result of damage to some focal areas in the brain (brainstem, hypothalamus, amygdala, temporolimbic cortex, and prefrontal cortex), neurotransmitter modulation (serotonin, acetylcholine, catecholamine, and GABA), hormonal changes (testosterone and other androgens), delirium, mood state and provoking stimuli⁽²⁰⁾. There have been only a few reports citing the behavioral and mental problems after callosal damage such as callosal dementia, antisocial behavior, agitation and deficits in social intelligence⁽²¹⁻²³⁾. The present patient was also mildly apathetic, as shown by being unmotivated and disinterested in doing things, and had mild nonfluent verbal output.

There are several causes of AHS such as stroke, tumor, epilepsy, multiple sclerosis, migraine, corticobasal degeneration, Marchiafava-Bignami disease and after callosotomy. Stroke might be from infarction of anterior cerebral artery which is the most frequent vascular involvement in this phenomenon. It can also be caused by the rupture of aneurysms near the anterior cerebral artery. The anterior cerebral artery supplies blood to medial frontal areas and to the anterior two-thirds of the corpus callosum. The posterior splenial branch of posterior cerebral artery supplies splenium of corpus callosum. The present patient had the rare infarction of the entire corpus callosum (rostrum, body and splenium) without involvement of other sites as demonstrated on the MRI of the brain. The most likely vascular localization should be pericallosal artery with the variation to supply splenium of corpus callosum but the occlusion was not demonstrated because of the lag period after the event and imaging as well as the inferior sensitivity of MRA to detect small arterial occlusion to cerebral angiography. Nevertheless, the MRI of the brain can still demonstrate the lesion with high sensitivity even two weeks after the onset of the symptoms.

The presented patient had callosal type of the ideomotor apraxia. The ideomotor apraxia was classified into three subtypes as shown in Table $2^{(21)}$.

There are two main subtypes of AHS, callosal and frontal⁽²⁵⁾. Patients with the former subtype will show disruption of complex willed motor act of the nondominant hand (intermanual conflict or diagnostic dyspraxia). In addition to callosal-subtype alien-hand signs, the frontal-subtype cases will show grasp reflex, groping and compulsive tool manipulation by the dominant hand (frontal-subtype alien hand signs). This may result from the damage of medial frontal lobe which is often accompanied by the damage of the corpus callosum. Hence, the frontal-subtype cases may also show the callosal-subtype alien-hand signs⁽⁷⁾. Most cases

Type of apraxia	Lesion location	Apraxic limbs	Hemiparesis	Aphasia
Parietal	Inferior parietal, arcuate fasciculus	Right and left	None	Conduction
Sympathetic	Frontal lobe	Left	Right	Broca's
Callosal	Anterior callosal fibers	Left	None	None

Table 2. Shows the characteristics of three ideomotor apraxia⁽²⁴⁾

Table 3.	Summarizes	the differ	entiation	between	the two	subtypes	of AHS
						-/ -	

Clinical & anatomical differences	Callosal type	Frontal type
Anatomical lesion	Corpus callosum	Medial frontal cortex (premotor & supplementary motor areas, anterior cingulate gyrus)
Intermanual conflict/ diagnostic dyspraxia of the nondominant hand	Yes	Often
Grasp reflex/ groping/ compulsive tool manipulation by the dominant hand	No	Yes

of alien hand signs are seen in patients who suffered damage to the medial frontal cortex with accompanying damage to the corpus callosum. The clinical and anatomical differences between these two subtypes are shown in Table 3.

Most reports of the alien hand signs are from anterior corpus callosal lesion. However, there are reports of posterior AHS of which the lesions are confined to sites other than corpus callosum such as the thalamus, parietal and temporal cortex⁽²⁶⁻³¹⁾. In these cases, patients usually have "*levitating hand*", in which the hand contralateral to the lesion levitates aimlessly. Moreover, there are typically other signs showing cortical involvement such as anosognosia (denial of hemiparesis) and left-sided spatial neglect in cases having right parietal lesion and Balint syndrome. However, the details of the behaviors and neurologic findings are less described than that of anterior AHS.

This is one of the cases who developed interhemispheric disconnection syndrome from corpus callosal infarction. The right and left hemisphere are disconnected. Another example of disconnection syndrome is "alexia without agraphia" of which the typical lesions are located at left occipital lobe and splenium of the corpus callosum. The right occipital lobe perceives the written language but is unable to transfer it to the left occipital lobe for language translation because of the posterior corpus callosal lesion. The presented patient also had infarction of splenium but did not show "alexia without agraphia" because he had no left occipital lesion.

References

- Brion S, Jedynak CP. Troubles du transfert interhemispherique. A Propos de trios observations de tumeurs du corps calleux. Le signe de la main etrangere. Revue Neurologique (Paris) 1972; 126: 257-66.
- Goldstein K. Zur Lehre der motorischen apraxie. Journal fur Pschologie und Neurologie 1908; 11: 169-87.
- 3. Akelaitis AI. Studies on the corpus callosum. IV. Diagnostic dyspraxia in epileptics following partial and complete section of the corpus callosum. Am Psychiatry 1945; 101: 594-9.
- Suwanwela NC, Leelacheavasit N. Isolated corpus callosal infarction secondary to pericallosal artery disease presenting as alien hand syndrome. J Neurol Neurosurg Psychiatry 2002; 72: 533-6.
- 5. Srikiatkhachorn A, Sinsawaiwong S, Phanthumchinda K. The alien hand syndrome: a case report. Chula Med J 1996; 40: 577-84.
- 6. Aboitiz F, Carrasco X, Schr ter C, Zaidel D, Zaidel E, Lavados M. The alien hand syndrome: classification of forms reported and discussion of new condition. Neurol Sci 2003; 24: 252-7.
- 7. Bogen J. The callosal syndromes. In: Heiman K, Valenstein E, editors. Clinical neuropsychology.

Oxford: Oxford Unviversity, 1979: 333-406.

- Akelaitis AJ, Risteen W, Herren R, Van Wagenen W. Studies of the corpus callosum. III. A contribution to the study of dyspraxia and apraxia following partial and complete section of the corpus callosum. Arch Neurol Psychiatry 1942; 47: 971-1008.
- Della Sala S, Marchetti C, Spinnler H. Right-sided anarchic (alien) hand: a longitudinal study. Neuropsychologia 1991; 29: 1113-27.
- Goldberg G, Mayer NH, Toglia JU. Medial frontal cortex infarction and the alien hand sign. Arch Neurol 1981; 38: 683-6.
- Goldberg G. From intent to action: evolution and function of the premotor systems in the frontal lobe. In: Perecman E, editor. The frontal lobes revisited. New York: IRBN, 1987: 273-306.
- Halligan PW, Marshall JC, Wade DT. Three arms: a case study of supernumerary phantom limb after right hemisphere stroke. J Neurol Neurosurg Psychiatry 1993; 56: 159-66.
- Hari R, Hanninen R, Makinen T, Jousmaki V, Forss N, Seppa M, et al. Three hands: fragmentation of human bodily awareness. Neurosci Lett 1998; 240: 131-4.
- Bakchine S, Bakchine S, Slachevsky A, Tourbah A, Serres I, Abdelmounni H. Four "alien" hands for two hands after a lesion in corpus callosum Rev Neurol (Paris) 1999; 155: 929-34.
- Chan JL, Liu AB. Anatomical correlates of alien hand syndromes. Neuropsychiatry Neuropsychol Behav Neurol 1999; 12: 149-55.
- Lavados M, Carrasco X, Pena M, Zaidel E, Zaidel D, Aboitiz F. A new sign of callosal disconnection syndrome: agonistic dyspraxia. A case study. Neurocase 2002; 8: 480-3.
- Scepkowski LA, Cronin-Golomb A. The alien hand: cases, categorizations, and anatomical correlates. Behav Cognitive Neurosc Rev 2003; 2: 261-77.
- Denny-Brown D. The nature of apraxia. J Nerv Ment Dis 1958; 126: 9-32.
- Mesulam MM. Aphasias and other focal cerebral disorders. In: Braunwald E, Fauci AS, Kasper DL, Hauser SL, Longo DL, Jameson JL, editors. Harrison's principles of internal medicine. 15th ed.

New York; McGraw-Hill, 2001: 140-8.

- Lyketsos CG Aggression. In: Coffey CE, Cummings JL, eds. Textbook of geriatric neuropsychiatry. 2nd ed. Washington, DC: American Psychiatric Press Inc, 2000: 477-88.
- 21. Paul LK, Schieffer B, Brown WS. Social processing deficits in agenesis of the corpus callosum: narratives from the Thematic Appreciation Test. Arch Clin Neuropsychol 2004; 19: 215-25.
- Ghika-Schmid F, Ghika J, Assal G, Bogousslavsky J. Callosal dementia: behavioral disorders related to central and extrapontine myelinolysis. Rev Neurol (Paris) 1999; 155: 367-73.
- 23. Raine A, Lencz T, Taylor K, Hellige JB, Bihrle S, Lacasse L, et al. Corpus callosum abnormalities in psychopathic antisocial individuals. Arch Gen Psychiatry 2003; 60: 1134-42.
- Cumming JL, Trimble MR. Neuropsychiatry and behavioral neurology. 2nd ed. Washington: American Psychiatric Publishing Inc, 2002:87-103.
- Feinberg TE, Schindler RJ, Flanagan NG, Haber LD. Two alien hand syndromes. Neurology 1992; 42: 19-24.
- Rohde S, Weidauer S, Lanfermann H, Zanella F. Posterior alien hand syndrome: case report. Neuroradiology 2002; 44: 921-3.
- 27. Pappalardo A, Ciancio MR, Reggio E, Patti F. Posterior alien hand syndrome: case report and rehabilitative treatment. Neurorehabilitation Neural Repair 2004; 18: 176-81.
- Leiguarda R, Starkstein S, Nogues M, Berthier M, Arbelaiz R. Paroxysmal alien hand syndrome. J Neurol Neurosurg Psychiatry 1993; 56: 788-92.
- 29. Dolado AM, Castrillo C, Urra DG, Varela de Seijas E. Alien hand sign or alien hand syndrome? J Neurol Neurosurg Psychiatry 1995; 59: 100-1.
- Marey-Lopez J, Rubio-Nazabal E, Alonso-Magdalena L, Lopez-Facal S. Posterior alien hand syndrome after a right thalamic infarct. J Neurol Neurosurg Psychiatry 2002; 73: 447-9.
- 31. Pack BC, Stewart KJ, Diamond PT, Gale SD. Posterior-variant alien hand syndrome: clinical features and response to rehabilitation. Disabil Rehabil 2002; 24: 817-8.

กลุ่มอาการเอเลี่ยนแฮนด์: รายงานผู้ป่วย 1 รายและทบทวนวรรณกรรม

วีรศักดิ์ เมืองไพศาล, สิทธิพงศ์ ศรีสัจจากุล, พิพัฒน์ เชี่ยววิทย์

กลุ่มอาการเอเลี่ยนแฮนด์ประกอบไปด้วยอาการแสดงหลายอย่างที่สำคัญคือการเคลื่อนไหวของระยางค์ โดยควบคุมไม่ได้และการปฏิเสธความเป็นเจ้าของระยางค์นั้น. สาเหตุที่ทำให้เกิดกลุ่มอาการนี้เกิดได้จากหลายโรค ที่มีการทำลายคอร์บัสคอลโลชั่มหรือสมองฟรอนทัลด้านใน ได้มีการแบ่งความผิดปกติของกลุ่มอาการนี้ออกเป็น สองแบบคือ ชนิดคอลโลชั่มและชนิดฟรอนทัล. นอกจากนั้นยังมีหลายรายงานแสดงให้เห็นถึงความผิดปกติของสมอง ส่วนหลังที่ทำให้เกิดกลุ่มอาการชนิดนี้โดยที่ไม่มีความผิดปกติของคอร์บัสคอลโลซั่มหรือสมองส่วนฟรอนทัล ในรายงานนี้คณะผู้นิพนธ์ได้นำเสนอผู้ป่วยชายอายุ 57 ปีที่เกิดกลุ่มอาการเอเลี่ยนแฮนด์ พฤติกรรมรุนแรงก้าวร้าวและ ไม่สนใจร่างกายและสิ่งแวดล้อมด้านซ้ายซึ่งเป็นภาวะที่พบไม่บ่อยที่เกิดจากรอยโรคที่คอร์บัสคอลโลซั่ม. ภาพเอกซเรย์ สมองพบลักษณะที่เข้าได้กับสมองขาดเลือดโดยรอยโรคอยู่ที่คอร์บัสคอลโลซั่มตั้งแต่ส่วนต้นจนปลาย. ในช่วงท้าย รายงานผู้นิพนธ์ได้ทบทวนวรรณกรรมเกี่ยวกับความผิดปกติเหล่านี้ด้วย