Clinical Outcome of the Patients Treated Surgically for Spontaneous Intracerebral Hematoma at Sawanpracharak Hospital

Nrongpong Lowprukmanee MD*

* Department of Surgery, Sawanpracharak Hospital, Nakhonsawan, Thailand

Objective: To study the relationship of factors associated with clinical outcome in surgical groups of spontaneous intracerebral hematoma patients (SICH).

Material and Method: The data were retrospectively collected from surgically treated SICH patients who had surgery at Sawanpracharak Hospital between October 2006 and September 2009. Risk factors (heart disease, previous stroke, hypertension, diabetes mellitus (DM), hyperlipidemia, obesity, smoking, alcoholic consumption, and family history), Glasgow Coma Scale (GCS), hematoma volume, midline shift (MS), intraventricular bleeding (IVH), hydrocephalus, convulsion, tracheostomy, pneumonia, rebleeding, operating time, and intraoperative blood loss were studied.

Results: Throughout the study period, 380 patients with SICH underwent surgical treatment. Factors that were statistically significant related to outcome of SICH were age (p<0.001), diabetes mellitus (p<0.001), smoking (p = 0.003), alcoholic consumption (p = 0.001), Glasgow Coma Scale (p<0.001), hematoma volume (p<0.001), midline shift (p<0.001), intraventricular bleeding (p<0.001), hydrocephalus (p<0.001), pneumonia (p<0.001), rebleeding (p = 0.006), operating time (p<0.001), and intraoperative blood loss (p = 0.008). After logistic regression analysis was done, factors that were statistically significantly related were Glasgow Coma Scale 3 to 8 [OR 6.03 (3.09-11.75); p<0.001], Glasgow Coma Scale 9 to 12 [OR 3.29 (1.87-5.77); p<0.001], intraventricular bleeding [OR 2.33 (1.37-3.98); p = 0.002], pneumonia [OR 1.62 (1.00-4.23); p = 0.049], rebleeding [OR 2.30 (1.04-5.08); p = 0.040], operating time greater than two hours [OR 3.05 (1.11-8.34); p = 0.030], and midline shift greater than 10 mm [OR 2.07 (1.04-3.57); p = 0.038].

Conclusion: Outcome of surgical treatment of SICH in the present study were related to age, diabetes mellitus, smoking, alcoholic consumption, Glasgow Coma Scale 3 to 8 and 9 to 12, hematoma volume, midline shift greater than 10 mm, intraventricular bleeding, hydrocephalus, pneumonia, rebleeding, operating time greater than two hours, and intra operative blood loss.

Keywords: Spontaneous intracerebral hematoma, Glasgow coma scale, Hematoma volume, Intraventricular bleeding, Hydrocephalus, Glasgow outcome scale

J Med Assoc Thai 2013; 96 (6): 669-77 Full text. e-Journal: http://jmat.mat.or.th

Stroke remains a major cause of mortality and disability worldwide. Spontaneous intracerebral hemorrhage (SICH) accounts for 10 to 50% of all strokes, with an incidence of 10 to 20 per 100,000 and is more common in men. The incidence is twice as common as subarachnoid hemorrhage (SAH) and has a higher morbidity and mortality than cerebral infarction or SAH⁽¹⁻⁴⁾. Approximately 35 to 50% of the patients with SICH die within the first month after bleeding^(5,6). Data from the Asian stroke Advisory Panel

Correspondence to:

Lowprukmanee N, Department of Surgery, Sawanpracharak Hospital, Nakhonsawan 60000, Thailand. Phone: 086-374-3336 E-mail: chetnarong@hotmail.com (ASAP) reveal an incidence of ICH ranging from 17 to 33% at all strokes, twice as high as in Western countries⁽⁷⁾. In Thailand, the incidence of SICH was 30% of all stroke⁽⁶⁾.

Several prognostic models have been proposed and validated to help clinicians in predicting mortality and functional outcome. The most common risk factors in SICH patients are hypertension and advancing age. Other risk factors are cigarette smoking, alcoholic consumption, previous stroke, history of coronary heart disease, diabetes mellitus, hyperlipidemia, and family history. The well-known predictors for early death after SICH are low Glasgow Coma Scale on admission, hematoma volume, degree of intraventricular hemorrhage, midline shift presence, and degree of hydrocephalus. The aim of the present study was to find out the mortality rate and studied the effects of various prognostic factors on the outcome of the patient admitted with SICH. Knowing the prognostic factors at the time of admission will help predict the prognosis of the patient.

Material and Method

A retrospective analysis of patients who were admitted to the Department of Surgery at Sawanpracharak Hospital, Nakhonsawan province between October 2006 and September 2009 was conducted. The research proposal had been reviewed and approved by Sawanpracharak Hospital Ethic committee. In all patients suspected of stroke, computerized tomography (CT) scan of the brain were done on arrival at the hospital. All CT scan findings were evaluated by a neurosurgeon and a radiologist.

The inclusion criterion for SICH in this study is supratentorial hematoma (basal ganglia, thalamus, and subcortical region). Patients who had ICH from bleeding tumor, vascular malformations, aneurysm, brain stem hemorrhage, infarction, bleeding diathesis (thrombocytopenia, anticoagulation therapy), and hemorrhagic infarction (non-homogeneous high density areas confined to vascular territory) were excluded from the study.

Personal data including sex, age, major risk factors (e.g., heart disease, previous stroke, hypertension, diabetes mellitus), minor risk factors (e.g., hyperlipidemia, obesity, smoking, alcoholic consumption, hereditary), Glasgow Come Scale (GCS), hematoma volume, midline shift (MS), intraventricular bleeding(IVH), hydrocephalus, convulsion, tracheostomy, pneumonia, rebleeding, operating time, and intraoperative blood loss were collected.

Severity of neurological status was classified by Glasgow Coma Scale (GCS) into three groups (severe GCS \leq 8, moderate 9 to 12, and mild GCS 13 to 15). Hematoma volume of ICH was classified into three groups (<30 cm³, 31 to 60 cm³, and >60 cm³) by Kothari calculation and Broderick classification^(8,9). Midline shift (MS) was classified into three groups (MS 0-5 mm, MS 6 to 10 mm, and MS >10 mm). Day of tracheostomy was classified into two groups (early \leq 7 days and late >7 days). Operating time was classified into three groups (0 to 60 minutes, 61 to 120 minutes, and >120 minutes) and intraoperative blood loss was classified into five groups (\leq 100 cm³, 101 to 200 cm³, 201 to 300 cm³, 301 to 400 cm³, and >400 cm³). Outcome of the patients was classified by Glasgow Outcome Scale (GOS) in this study was grouped GOS into three groups, 1) GOS 4 and 5 had a good result of treatment called good prognosis, 2) GCS 2 and 3 had poor results of treatment called poor prognosis, and 3) GOS 1 the patients died.

All SICH patients were surgically treated. Furthermore, those with post-operative hydrocephalus and rebreeding were appropriately treated according to surgically.

The study was approved by the Ethics Committee, Sawanpracharak Hospital, Nakhonsawan.

Statistical analysis

STATA 10 SE was used for statistically analysis. The characteristics of the subjects were described in terms of frequency and percentage. Student,s t-test was used for comparison of continuous quantitative variables and Chi-square test were used for discrete data. The association between the groups was measured using the odds ratio with 95% confidence intervals for every prognostic factor. Only variables with a p-value <0.05 in the separate analysis were selected and studied in the logistic regression analysis. For all statistical tests, a value of p<0.05 was considered statistically significant.

Results

There were 380 consecutive SICH patients admitted to the Department of Surgery at Sawanpracharak Hospital between October 2006 and September 2009 with the diagnosis of SICH. The age of the patients ranged from 21 to 89 years old (male 21 to 87, female 30 to 89). Two hundred seventeen patients were male (57.11%). Eighteen patients (4.74%) had history of heart disease, 29 (7.63%) had history of previous stroke, 259 (68.16%) had history of hypertension, 95 (25.00%) had a history of diabetes mellitus (DM), 181 (47.63%) had blood lipid level more than 200 mg/dl, 92 (24.21%) had obesity, 122 (32.11%) smokers, 153 (40.26%) alcohol consumption, and three (0.79%) had family history of stroke (Table 1). Regarding the GCS of the patients, 140 (36.84%) of the patients were GCS 3 to 8, 134 were GCS 9 to 12 (35.26%), and 106 were GCS 13 to 15 (27.89%). The CT characteristics of the patients were hemorrhagic volume <30 ml in 72 (18.95%), 31 to 60 ml in 201 (52.89%), and >60 ml in 107 (28.16%). The midline shift (MS) was 0 to 5 mm in 139 (36.58%), MS 6 to 10 mm in 171 (45.00%), and MS >10 mm in 70 (18.42%). One hundred seventy

	Glasgow outcome scale				
	Good	Poor	Dead	p-value	
Sex					
Male	72 (33.2)	84 (38.7)	61 (28.1)		
Female	40 (24.5)	80 (49.1)	43 (26.4)	0.092	
Age (year)					
<50	41 (41.4)	25 (25.3)	33 (33.3)		
50-60	43 (38.1)	42 (37.2)	28 (24.8)		
60-70	19 (22.1)	47 (54.7)	20 (23.3)		
>70	9 (11.0)	50 (61.0)	23 (28.1)	< 0.00	
Mean (SD)	58.2 (13.9)	63.0 (12.1)	54.2 (10.1)	0.022	
Major risk factor					
Heart disease					
No	110 (30.4)	156 (43.1)	96 (26.5)		
Yes	2 (11.1)	8 (44.4)	8 (44.4)	0.124	
Previous stroke					
No	108 (30.8)	147 (41.9)	96 (27.4)		
Yes	4 (13.8)	17 (58.6)	8 (27.6)	0.11	
Hypertension					
No	43 (35.5)	47 (58.6)	31 (25.6)		
Yes	69 (26.6)	177 (45.2)	73 (28.2)	0.204	
Diabetes mellitus					
No	96 (33.7)	127 (44.6)	62 (21.8)		
Yes	16 (16.8)	37 (39.0)	42 (44.2)	< 0.00	
Minor risk factor					
Blood lipids (mg/dL)					
≤200	63 (31.7)	88 (44.2)	48 (24.1)		
>200	49 (27.1)	76 (42.0)	56 (30.9)	0.302	
Obesity					
No	81 (28.1)	127 (44.1)	80 (27.8)		
Yes	31 (33.7)	37 (40.2)	24 (26.1)	0.592	
Smoking					
No	62 (24.0)	122 (47.3)	74 (28.7)		
Yes	50 (41.0)	42 (34.4)	30 (24.6)	0.00	
Alcohol					
No	51 (22.5)	112 (49.3)	64 (28.2)		
Yes	61 (39.9)	52 (34.0)	40 (26.1)	0.00	
Family history of stroke	× /	× /	× /		
No	111 (29.4)	163 (43.2)	103 (27.3)		
Yes	1 (33.3)	1 (33.3)	1 (33.3)	0.94	

 Table 1. Demographic features, clinical characteristics, risk factors, and clinical outcomes of SICH patients (n = 380)

three (45.53%) patients had intraventricular bleeding and 73 (19.21%) had hydrocephalus (Table 2). Thirtyeight (10.00%) had episode of convulsion. In 117 (78.00%) patients, early tracheostomy was done (\leq 7 days). One hundred seventeen (30.79%) patients had pneumonia and 33 (8.68%) had rebleeding post-operatively. Regarding operating time of the patients, 106 had 0 to 60 minutes (27.89%), 239 had 61 to 120 minutes (62.89), and 35 had greater than 120 minutes (9.21%). Intraoperative blood loss of \leq 100 ml was recorded in 44 (11.52%) patients, 101 to 200 ml in 130 (34.2%) patients, 201 to 300 ml in 113 (29.74%) patients, 301to 400 ml in 73 (19.21%) patients, and >400 ml in 20 (5.26%) patients (Table 3).

Comparing Glasgow Outcome Scale (good, poor and dead) to demographic data and risk factors, the mean age \pm SD was 58.2 \pm 13.9 years in the good group, 63.0 \pm 12.1 years in the poor group, and 54.2 \pm 10.1 years in the dead group. There was statistically significant association between GOS

	Glasgow outcome scale				
	Good	Poor	Dead	p-value	
Glasgow coma scale					
3-8	8 (5.7)	71 (50.7)	61 (43.6)		
9-12	38 (28.4)	67 (50.0)	29 (21.6)		
13-15	66 (62.3)	26 (24.5)	14 (13.2)	< 0.001	
Hematoma volume (ml ³)					
0-30	21 (29.2)	32 (44.4)	19 (26.4)		
31-60	82 (40.8)	72 (35.8)	47 (23.4)		
>60	9 (8.4)	60 (56.1)	38 (35.5)	< 0.001	
Midline shift (mm)					
0-5	49 (35.3)	60 (43.2)	30 (21.6)		
5-10	58 (33.9)	73 (42.7)	40 (23.4)		
>10	5 (7.1)	31 (44.3)	34 (48.6)	< 0.001	
IVH					
No	86 (41.6)	90 (43.5)	31 (15.0)		
Yes	26 (15.0)	74 (42.8)	73 (42.3)	< 0.001	
Hydrocephalus					
No	104 (33.9)	127 (41.4)	76 (24.8)		
Yes	8 (11.0)	37 (50.7)	28 (38.4)	< 0.001	
Convulsion					
No	107 (31.3)	144 (42.1)	91 (26.6)		
Yes	5 (13.2)	20 (52.6)	13 (34.2)	0.067	
Tracheotomy (day)					
<7	5 (4.3)	83 (70.9)	29 (24.8)		
≥7	1 (3.0)	27 (81.8)	5 (15.2)	0.456	
Pneumonia					
No	109 (41.4)	84 (31.9)	70 (26.6)		
Yes	3 (2.6)	80 (68.4)	34 (29.1)	< 0.001	

Table 2. Clinical profiles, CT characteristics and clinical outcomes of SICH patients

Table 3. Treatment and progression on clinical outcomes of SICH patients (n = 380)

	Glasgow outcome scale				
	Good	Poor	Dead	p-value	
Re-bleeding					
No	110 (31.7)	147 (42.4)	90 (25.9)		
Yes	2 (6.1)	17 (51.5)	14 (42.4)	0.006	
Operating time (min)					
0-60	35 (33.0)	48 (45.3)	23 (21.7)		
60-120	74 (31.0)	104 (43.5)	61 (25.5)		
>120	3 (8.6)	12 (34.3)	20 (57.1)	< 0.001	
Blood loss (ml)					
<100	18 (40.9)	18 (40.9)	8 (18.2)		
100-200	45 (34.6)	52 (40.0)	33 (25.4)		
200-300	34 (30.1)	55 (48.7)	24 (21.2)		
300-400	13 (17.8)	30 (41.1)	30 (41.1)		
>400	2 (10.0)	9 (45.0)	9 (45.0)	0.008	

	OR	95% CI	p-value
GCS 3-8	6.03	3.09-11.75	< 0.001
GCS 9-12	3.29	1.87-5.77	< 0.001
DM	1.63	0.96-2.77	0.069
IVH	2.33	1.37-3.98	0.002
Convulsion	2.04	0.99-4.23	0.054
Pneumonia	1.62	1.00-4.23	0.049
Rebleeding	2.30	1.04-5.08	0.040
OR >2 hr	3.05	1.11-8.34	0.030
MS >10 mm	2.07	1.04-3.57	0.038

 Table 4.
 Logistic regession analysis on clinical outcomes of SICH patients

and age group (p<0.001), history of diabetes mellitus (p<0.001), smoking (p = 0.003), and alcoholic consumption (p = 0.001) (Table 1).

On the analysis of clinical finding and CT characteristics, there was statistically significant association between Glasgow Outcome Scale and Glasgow Coma Scale (p<0.001), volume of hematoma (p<0.001), midline shift (p<0.001), intraventricular bleeding (p<0.001), hydrocephalus (p<0.001), pneumonia (p<0.001), and operating time (p<0.001) (Table 2, 3).

After logistic regression analysis was done, the present study found that factors affecting clinical outcome of the patients were Glasgow Coma Scale 3 to 8 [OR 6.03 (3.09-11.75); p<0.001], Glasgow Coma Scale 9 to 12 [OR 3.29 (1.87-5.77); p<0.001], intraventricular bleeding [OR 2.33 (1.37-3.98); p = 0.002], pneumonia [OR 1.62 (1.00-4.23); p=0.049], rebleeding [OR 2.30 (1.04-5.08); p=0.040], operating time greater than two hours [OR 3.05 (1.11-8.34); p = 0.030], midline shift greater than 10 mm [OR 2.07 (1.04-3.57); p = 0.038], diabetes mellitus [OR 1.63 (0.96-2.77); p = 0.069], convulsion [OR 2.04 (0.99-4.23); p = 0.054], and intraoperative blood loss greater than 400 ml [OR 2.61 (0.81-8.41); p = 0.019] (Table 4).

Discussion

SICH had a high reported mortality rate of 35 to 52%, out of which one-half of deaths occurred within the first two days⁽⁹⁻¹²⁾. In the present study, the overall mortality rate was 27.37%, which is similar to the figures reported by the previous two Malaysian studies^(13,14). The mean age of the present study was 59.2 years and this figure is comparable to previous

Malaysian study^(13,14). Western studies had reported an older mean age⁽¹⁵⁾.

There have been numerous attempts to identify outcome predictors for ICH. Several prognostic models had been proposed and validated to help clinicians in predicting mortality and functional outcome^(5,16,17). The following independent factors were significantly associated with outcome: age, diabetes mellitus, smoking, alcoholic consumption, hematoma volume, midline shift, intraventricular bleeding, hydrocephalus, pneumonia, rebleeding, operating time, and intraoperative blood loss were statistical significant association with outcome. Whereas the following factors were not associated with outcome, sex, heart disease, previous stroke, hypertension, hyperlipidemia, obesity, family history, convulsion, and pneumonia.

The advancing age and hypertension were the most important risk factor for SICH^(18,19). In the present study there was statistical significant association between age and outcome (p < 0.001). The present study shows poor outcome in old age patients. Similar to results reported in other studies⁽²⁰⁻²⁹⁾. There was statistical significant association between hypertension and outcomes in the other^(20,27,34-37); however, hypertension was not significantly associated in studies. Hyperglycemia on admission had been reported as the indicator of a poor prognosis in patients with SICH⁽³³⁾. The hyperglycemia was probably not directly harmful to the brain but reflects stress relating to stroke severity⁽³³⁾. In the present study there was statistical significant association between diabetes mellitus and outcome (p<0.001), also similar to that reported by others^(20,27,34-37). The study of Gill JS et al⁽³⁸⁾ found that low levels of alcohol consumption might have same protective effect upon the cerebral vasculature, whereas heavy consumption predisposes to both hemorrhagic and non-hemorrhagic stroke. Many studies also showed heavy consumption of alcohol as one of the risk factors for hemorrhagic stroke^(21,30,35,39,40). In this study there was statistical significant association between alcohol consumption and outcome (p<0.001). As with smoking, there was statistical significant association between smoking and outcome (p = 0.003), same as reported by other studies^(20,21,30,40)

The admission GCS was a well-known predictor of outcome in ICH^(41,42). The GCS score was a standard neurological assessment tool that because of its reproducibility and reliability⁽⁴³⁾, it had been associated with ICH outcome in other prediction

models⁽⁴⁴⁾. This was also shown in this present study where survival increased progressively with the GCS, 43.6% dead in GCS 3 to 8 while 13.2% dead in GCS 13 to 15.

Clinical predictors of outcome should be easy to use if they were to gain wide acceptance. CT scanners had the capability to outline and measure areas of hemorrhage. Helping the physician to make quick and critical decisions about a patient with ICH. The ideal method was the one that gave a reasonable estimation of actual hemorrhage volume as quickly as possible because of volume of the hematoma is a powerful predictor of outcome in ICH^(41,45,46). The simple ellipsoid method could easily estimate hemorrhage volume within one to two minutes. According to Broderick JP, Broth T, patients in whom the hematoma volume was 60 ml³ or greater and GCS score was 8 or less, the predicted 30-day mortality rate was 91% compared with only 19% in those in whom the volume was less than 30 ml³ and the GCS score was 9 or more(46). The hematoma volume was also related to mortality in this study, 24.17% dead in hematoma volume smaller than 60 ml³ while 35.5% dead in hematoma volume greater than 60 ml³. In this study volume of hematoma had remained an important predictor of mortality, in agreement with Bhattathiri PS et al⁽⁴⁷⁾ and Davis SM et al⁽⁴⁸⁾. With regard to radiological variables based on CT imaging, a significant association between midline shift and functional outcome and survival time were observed^(23,28). The present study found that midline shift as the significant predictor of functional outcome [OR 2.07 (1.04-3.57); p = 0.038], which was consistent with other studies^(23,28). Intraventricular bleeding seems to be a very powerful predictor of outcome, both in this study and other⁽⁴⁹⁾, in the present study IVH was the strong risk factor for outcome [OR 2.33 (1.37-3.98); p = 0.002]. The pathophysiologic mechanism by which intraventricular blood increased morbidity in ICH is still unascertained. A large prospective observation study from the Stroke Data Bank demonstrated that frequency of neurologic deterioration was greatest on the first hospital day and most of the patients had a large hematoma volume on initial CT scan⁽⁵⁰⁾. However, the powerful association between IVH and hematoma volume in the present study suggested that the volume of hematoma was underestimated due to extension of blood into the ventricles and subarachnoid spaces, thus making IVH the strongest predictor of poor outcome. The incidence of hydrocephalus was higher in patients with deep hemorrhage, and over half of the patients with hydrocephalus died compared with 2% of those without hydrocephalus⁽⁵¹⁾. Hydrocephalus was associated with a considerably higher mortality. In this study hydrocephalus was an independent predictor of outcome (p<0.001), demonstrated the impact of hydrocephalus on outcome from ICH.

Seizures were well known to occur at the onset of ICH. In the present study, there was no significant association between convulsions with functional outcome. After ICH, progressive brain edema was a well-documented phenomenon^(52,53) and occurs in 25 to 61% of patients^(54,57). Brain edema was most often manifested as midline shift. In this study, there was statistically significant association between midline shift with functional outcome especially in MS >10 mm.

Most common complications of surgical ICH patients were ventilator-acquired pneumonia and rebleeding. According to Saribekian AS et al there were 29% deaths from pneumonia and 19.5% deaths from rebleeding⁽⁵⁸⁾. Similarly to this study, there was statistically significant association between ventilator-acquired pneumonia and rebleeding with functional outcome.

In addition, the present study showed that operating time greater than two hours was the strong risk factors for outcome [OR 3.05 (1.11-8.34); p = 0.030].

Acknowledgment

The author wishes to thank Dr. Jayanton Patumanond and Dr. Chamaiporn Tawichasri, Clinical Epidemiology and Medical Statistics Unit, Faculty of Medicine, Chiang Mai University, for their help and supervision of statistical analysis of the data.

Potential conflicts of interest

None.

References

- 1. Caplan LR. Intracerebral haemorrhage. Lancet 1992; 339: 656-8.
- Broderick JP, Brott T, Tomsick T, Miller R, Huster G. Intracerebral hemorrhage more than twice as common as subarachnoid hemorrhage. J Neurosurg 1993; 78: 188-91.
- Jorgensen HS, Nakayama H, Raaschou HO, Olsen TS. Intracerebral hemorrhage versus infarction: stroke severity, risk factors, and prognosis. Ann Neurol 1995; 38: 45-50.
- 4. Qureshi AI, Tuhrim S, Broderick JP, Batjer HH,

Hondo H, Hanley DF. Spontaneous intracerebral hemorrhage. N Engl J Med 2001; 344: 1450-60.

- Nilsson OG, Lindgren A, Brandt L, Saveland H. Prediction of death in patients with primary intracerebral hemorrhage: a prospective study of a defined population. J Neurosurg 2002; 97: 531-6.
- Poungvarin N, Viriyavejakul A. Spontaneous supratentorial intracerebral haemorrhage: a prognostic study. J Med Assoc Thai 1990; 73: 206-11.
- Asian Acute Stroke Advisory Panel (AASAP). Stroke epidemiological data of nine Asian countries. J Med Assoc Thai 2000; 83: 1-7.
- Broderick JP, Brott TG, Duldner JE, Tomsick T, Huster G. Volume of intracerebral hemorrhage. A powerful and easy-to-use predictor of 30-day mortality. Stroke 1993; 24: 987-93.
- Kothari RU, Brott T, Broderick JP, Barsan WG, Sauerbeck LR, Zuccarello M, et al. The ABCs of measuring intracerebral hemorrhage volumes. Stroke 1996; 27: 1304-5.
- Venketasubramanian N. The epidemiology of stroke in ASEAN countries-A review. Neurol J Southeast Asia 1998; 3: 9-14.
- Juvela S. Risk factors for impaired outcome after spontaneous intracerebral hemorrhage. Arch Neurol 1995; 52: 1193-200.
- Qureshi AI, Safdar K, Weil J, Barch C, Bliwise DL, Colohan AR, et al. Predictors of early deterioration and mortality in black Americans with spontaneous intracerebral hemorrhage. Stroke 1995; 26: 1764-7.
- 13. Ong TZ, Raymond AA. Risk factors for stroke and predictors of one-month mortality. Singapore Med J 2002; 43: 517-21.
- Sia SF, Tan KS, Waran V. Primary intracerebral haemorrhage in Malaysia: in-hospital mortality and outcome in patients from a hospital based registry. Med J Malaysia 2007; 62: 308-12.
- Colombo A, Faglioni P, Marzullo M, Scarpa M, Sorgato P. Risk factors and short-term prognosis in ischemic and hemorrhagic attacks: review of 503 patients admitted to the Neurologic Clinic of Modena. Riv Neurol 1989; 59: 1-7.
- Hemphill JC III, Bonovich DC, Besmertis L, Manley GT, Johnston SC. The ICH score: a simple, reliable grading scale for intracerebral hemorrhage. Stroke 2001; 32: 891-7.
- 17. Manno EM, Atkinson JL, Fulgham JR, Wijdicks EF. Emerging medical and surgical management strategies in the evaluation and treatment of

intracerebral hemorrhage. Mayo Clin Proc 2005; 80: 420-33.

- Davenport RJ, Dennis MS, Wellwood I, Warlow CP. Complications after acute stroke. Stroke 1996; 27: 415-20.
- 19. Woo D, Sauerbeck LR, Kissela BM, Khoury JC, Szaflarski JP, Gebel J, et al. Genetic and environmental risk factors for intracerebral hemorrhage: preliminary results of a population-based study. Stroke 2002; 33: 1190-5.
- Smajlovic D, Salihovic D, Ibrahimagic C, Sinanovic O, Vidovic M. Analysis of risk factors, localization and 30-day prognosis of intracerebral hemorrhage. Bosn J Basic Med Sci 2008; 8: 121-5.
- 21. Broderick JP, Adams HP Jr, Barsan W, Feinberg W, Feldmann E, Grotta J, et al. Guidelines for the management of spontaneous intracerebral hemorrhage: a statement for healthcare professionals from a special writing group of the Stroke Council, American Heart Association. Stroke 1999; 30: 905-15.
- 22. Shaikh S, Shuaib A, Khalid S, Glulam B. Predictors of outcome in patients with spontaneous intracerebral hemorrhage admitted to Liaquat University Hospital. Pak J Med Sci 2011; 27: 167-71.
- Daverat P, Castel JP, Dartigues JF, Orgogozo JM. Death and functional outcome after spontaneous intracerebral hemorrhage. A prospective study of 166 cases using multivariate analysis. Stroke 1991; 22: 1-6.
- 24. Fogelholm R, Nuutila M, Vuorela AL. Primary intracerebral haemorrhage in the Jyvaskyla region, central Finland, 1985-89: incidence, case fatality rate, and functional outcome. J Neurol Neurosurg Psychiatry 1992; 55: 546-52.
- Ruiz-Sandoval JL, Chiquete E, Romero-Vargas S, Padilla-Martinez JJ, Gonzalez-Cornejo S. Grading scale for prediction of outcome in primary intracerebral hemorrhages. Stroke 2007; 38: 1641-4.
- Karnik R, Valentin A, Ammerer HP, Hochfelner A, Donath P, Slany J. Outcome in patients with intracerebral hemorrhage: predictors of survival. Wien Klin Wochenschr 2000; 112: 169-73.
- Fogelholm R, Murros K, Rissanen A, Avikainen S. Long term survival after primary intracerebral haemorrhage: a retrospective population based study. J Neurol Neurosurg Psychiatry 2005; 76: 1534-8.

- 28. Hardemark HG, Wesslen N, Persson L. Influence of clinical factors, CT findings and early management on outcome in supratentorial intracerebral hemorrhage. Cerebrovasc Dis 1999; 9: 10-21.
- Nagaratnam N, Saravanja D, Chiu K, Jamieson G. Putaminal hemorrhage and outcome. Neurorehabil Neural Repair 2001; 15: 51-6.
- Juvela S, Hillbom M, Palomaki H. Risk factors for spontaneous intracerebral hemorrhage. Stroke 1995; 26: 1558-64.
- Qureshi AI, Suri MA, Safdar K, Ottenlips JR, Janssen RS, Frankel MR. Intracerebral hemorrhage in blacks. Risk factors, subtypes, and outcome. Stroke 1997; 28: 961-4.
- 32. Inagawa T. Risk factors for primary intracerebral hemorrhage in patients in Izumo City, Japan. Neurosurg Rev 2007; 30: 225-34.
- 33. Woo J, Lam CW, Kay R, Wong AH, Teoh R, Nicholls MG. The influence of hyperglycemia and diabetes mellitus on immediate and 3-month morbidity and mortality after acute stroke. Arch Neurol 1990; 47: 1174-7.
- 34. Monforte R, Estruch R, Graus F, Nicolas JM, Urbano-Marquez A. High ethanol consumption as risk factor for intracerebral hemorrhage in young and middle-aged people. Stroke 1990; 21: 1529-32.
- Franke CL, van Swieten JC, Algra A, van Gijn J. Prognostic factors in patients with intracerebral haematoma. J Neurol Neurosurg Psychiatry 1992; 55: 653-7.
- 36. Arboix A, Massons J, Garcia-Eroles L, Oliveres M, Targa C. Diabetes is an independent risk factor for in-hospital mortality from acute spontaneous intracerebral hemorrhage. Diabetes Care 2000; 23: 1527-32.
- Hornyak C, Kovacs T, Pajor P, Szirmai I. Prognosis and classification of hypertensive striatocapsular haemorrhages. Ideggyogy Sz 2004; 57: 228-41.
- Gill JS, Shipley MJ, Tsementzis SA, Hornby RS, Gill SK, Hitchcock ER, et al. Alcohol consumption—a risk factor for hemorrhagic and non-hemorrhagic stroke. Am J Med 1991; 90: 489-97.
- 39. Poungvarin N, Suwanwela NC, Venketasubramanian N, Wong LK, Navarro JC, Bitanga E, et al. Grave prognosis on spontaneous intracerebral haemorrhage: GP on STAGE score. J Med Assoc Thai 2006; 89 Suppl 5: S84-S93.
- 40. Siddique MS, Mendelow AD. Surgical treatment

of intracerebral haemorrhage. Br Med Bull 2000; 56: 444-56.

- 41. Mayer SA, Rincon F. Treatment of intracerebral haemorrhage. Lancet Neurol 2005; 4: 662-72.
- 42. Steiner T, Kaste M, Forsting M, Mendelow D, Kwiecinski H, Szikora I, et al. Recommendations for the management of intracranial haemorrhage - part I: spontaneous intracerebral haemorrhage. The European Stroke Initiative Writing Committee and the Writing Committee for the EUSI Executive Committee. Cerebrovasc Dis 2006; 22: 294-316.
- Juarez VJ, Lyons M. Interrater reliability of the Glasgow Coma Scale. J Neurosci Nurs 1995; 27: 283-6.
- 44. Lisk DR, Pasteur W, Rhoades H, Putnam RD, Grotta JC. Early presentation of hemispheric intracerebral hemorrhage: prediction of outcome and guidelines for treatment allocation. Neurology 1994; 44: 133-9.
- 45. Broderick JP, Brott TG, Grotta JC. Intracerebral hemorrhage volume measurement. Stroke 1994; 25: 1081.
- 46. Longstreth WT Jr. Prediction of outcomes after intracerebral hemorrhage. Stroke 1993; 24: 1761.
- Bhattathiri PS, Gregson B, Prasad KS, Mitchell P, Soh C, Mitra D, et al. Reliability assessment of computerized tomography scanning measurements in intracerebral hematoma. Neurosurg Focus 2003; 15: E6.
- Davis SM, Broderick J, Hennerici M, Brun NC, Diringer MN, Mayer SA, et al. Hematoma growth is a determinant of mortality and poor outcome after intracerebral hemorrhage. Neurology 2006; 66: 1175-81.
- Tuhrim S, Horowitz DR, Sacher M, Godbold JH. Volume of ventricular blood is an important determinant of outcome in supratentorial intracerebral hemorrhage. Crit Care Med 1999; 27: 617-21.
- Mayer SA, Sacco RL, Shi T, Mohr JP. Neurologic deterioration in noncomatose patients with supratentorial intracerebral hemorrhage. Neurology 1994; 44: 1379-84.
- Diringer MN, Edwards DF, Zazulia AR. Hydrocephalus: a previously unrecognized predictor of poor outcome from supratentorial intracerebral hemorrhage. Stroke 1998; 29: 1352-7.
- 52. Wiggins WS, Moody DM, Toole JF, Laster DW, Ball MR. Clinical and computerized tomographic study of hypertensive intracerebral hemorrhage. Arch Neurol 1978; 35: 832-3.

- Clasen RA, Huckman MS, Von Roenn KA, Pandolfi S, Laing I, Clasen JR. Time course of cerebral swelling in stroke: a correlative autopsy and CT study. Adv Neurol 1980; 28: 395-412.
- Zazulia AR, Diringer MN, Derdeyn CP, Powers WJ. Progression of mass effect after intracerebral hemorrhage. Stroke 1999; 30: 1167-73.
- 55. Fujii Y, Tanaka R, Takeuchi S, Koike T, Minakawa T, Sasaki O. Hematoma enlargement in spontaneous intracerebral hemorrhage. J Neurosurg 1994; 80: 51-7.
- 56. Jauch E, Gebel J, Salisbury S, Broderick J, Brott T, Kothari R, et al. Lack of association

between early edema and outcome in spontaneous intracerebral hemorrhage [abstract]. Stroke 1999; 30: 249.

- 57. Mayer SA, Lignelli A, Fink ME, Kessler DB, Thomas CE, Swarup R, et al. Perilesional blood flow and edema formation in acute intracerebral hemorrhage: a SPECT study. Stroke 1998; 29: 1791-8.
- Saribekian AS, Ponomarev VA, Poliakova LN, Romen VA. Mortality after surgical treatment of patients with hypertensive intracerebral hematomas. Zh Vopr Neirokhir Im N N Burdenko 2009; (1): 3-11.

ผลการรักษาของผู้ป่วยเลือดคั่งในสมองที่เกิดขึ้นเองที่ได้รับการผ่าตัดรักษาที่โรงพยาบาลสวรรค์ประชารักษ์

ณรงค์พงส์ โล้วพฤกมณี

วัตถุประสงค์: เพื่อศึกษาความสัมพันธ์ของปัจจัยที่มีผลต่อการรักษาของผู้ป่วยเลือดคั่งในสมองที่เกิดขึ้นเอง วัสดุและวิธีการ: เก็บข้อมูลข้อนหลังของผู้ป่วยที่ได้รับการผ่าตัด ณ โรงพยาบาลสวรรค์ประชารักษ์ ระหว่าง ตุลาคม พ.ศ. 2549 ถึง กันยายน พ.ศ. 2552 ข้อมูลเก็บวิเคราะห์ได้แก่ โรคหัวใจ ประวัติโรคหลอดเลือดสมอง ความดันโลหิตสูง เบาหวาน ไขมันใน เลือดสูง อ้วน สูบบุหรี่ ดื่มสุรา ประวัติครอบครัว ระดับความรู้สึกตัว (GCS) ปริมาตรของก้อนเลือด ระยะการเคลื่อนที่ของสมอง ผ่านแนวกลาง เลือดคั่งในช่องน้ำสมอง ภาวะช่องน้ำสมองโต การเกิดเลือดออกซ้ำ ระขะเวลาการผ่าตัด และการเสียเลือดระหว่าง ผ่าตัด

ผลการศึกษา: ผู้ป่วยจำนวน 380 ราย ที่มีเลือดคั่งในสมองและได้รับการผ่าตัดรักษาจากการศึกษานี้พบว่า ปัจจัยที่มีความสัมพันธ์ กับผลการรักษาประกอบคือ อายุ (p<0.001) เบาหวาน (p<0.001) การสูบบุหรี่ (p = 0.003) การดื่มสุรา (p = 0.001) ระดับ ความรู้สึกตัว (p<0.001) ปริมาตรของก้อนเลือด (p<0.001) ระยะการเคลื่อนที่ของสมองผ่านแนวกลาง (p<0.001) เลือดคั่งใน ช่องน้ำสมอง (p<0.001) ภาวะช่องน้ำสมองโต (p<0.001) ปอดติดเชื้อ (p<0.001) การเกิดเลือดออกซ้ำ (p = 0.006) ระยะเวลา การผ่าตัด (p<0.001) และการเสียเลือดระหว่างผ่าตัด (p = 0.008) หลังจากวิเคราะห์ด้วย (logistic regression analysis) พบว่าปัจจัยที่มีความสัมพันธ์กับผลการรักษาประกอบด้วย GCS 3-8 [OR 6.03 (3.09-11.75); p<0.001], GCS 9-12 [OR 3.29 (1.87-5.77); p<0.001], เลือดคั่งในช่องน้ำสมอง [OR 2.33 (1.37-3.98); p = 0.002], ปอดติดเชื้อ [OR 1.62 (1.00-4.23); p = 0.049], การเกิดเลือดออกซ้ำ [OR 2.30 (1.04-5.08); p = 0.040], ระยะเวลาการผ่าตัดมากกว่า 2 ชั่วโมง [OR 3.05 (1.11-8.34); p = 0.030] และระยะการเคลื่อนที่ของสมองผ่านแนวกลางมากกว่า 10 มิลลิเมตร [OR 2.07 (1.04-3.57); p = 0.038]

สรุป: การรักษาด้วยวิธีการผ่าตัด จากการศึกษานี้พบว่าผลการรักษามีความสัมพันธ์กับอายุ เบาหวาน การสูบบุหรี่ การดื่มสุรา GCS 3-8 และ 9-12 ปริมาตรของก้อนเลือดระยะการเคลื่อนที่ของสมองผ่านแนวกลางมากกว่า 10 มิลลิเมตร เลือดคั่งในช่องน้ำสมอง ภาวะช่องน้ำสมองโต ปอดติดเชื้อ การเกิดเลือดออกซ้ำ เวลาการผ่าตัดที่มากกว่า 2 ชั่วโมง และการเสียเลือดระหว่างการผ่าตัด